

## MMA for MDA Saturday August 9<sup>th</sup>

### Gravity Fighting Timeline Friday, August 8th

Fighters Weigh In from 3 pm to 9 pm at Icon Gym (5207 North Market Street). Fighters may also weigh in on Saturday.

### Saturday, August 9th

Rules Meeting starts at 4 pm. NOTE: Fighters must attend the rules meeting or they will not be able to fight.

Fights Start at 6 pm.

### MATCH UPS Boxing & MMA Fights:

#### 6:00 pm fights start

1. Chad Catron (170lbs 0-0) Hit Pit MMA **vs.**  
Cory Fleck (170lbs 0-0) Monster Muscle MMA
2. John Yeager (155lbs 8-4) United Grappling/Spirit Martial Arts **vs.** Sean Johnson (155lbs 2-4) Icon Gym
3. Boxing Exhibitions Spokane Boxing
4. Arron Florez (155lbs 0-0) Icon Gym **vs.**  
Dylan Dione (155lbs 0-0) Monster Muscle MMA

#### 1st Intermission

5. Boxing Exhibitions-Spokane Boxing
6. Jeremy Dalton (160lbs 6-3) Legacy **vs.**  
Brett Cameron (160lbs 0-1) United Grappling/Spirit Martial Arts
7. Boxing Exhibitions-Spokane Boxing
8. Justin Oliver (170lbs 0-0) Icon Gym **vs.**  
Matt Perkins (170lbs 0-0) Independent

#### 2nd Intermission

9. Neil Woodard (195lbs 2-0) Icon Gym **vs.**  
Jordan Currie (195lbs 0-1) Monster Muscle MMA
10. Boxing Exhibitions-Spokane Boxing
11. Cameron Mcmillan (Heavy Weight 0-0) **vs.**  
Matt Williams (Heavy Weight 1-3) Icon Gym
12. Dustin Waterbly (185lbs 0-0) Hit Pit MMA **vs.**  
Justin Purnell (185lbs 0-0) Icon Gym
13. Josh Keele (195lbs 0-0) Hit Pit MMA **vs.**  
Nick Mayhue (195lbs 2-1) Lindquist MMA
14. Tam Tran (155lbs 0-0) Hit Pit MMA **vs.**  
Neil Youngman (155lbs) Icon Gym

## **RULES**

The United Full Contact Federation rules will be used for all Gravity Fighting events with some modifications for safer competition on the amateur level.

### **Legal moves:**

- All punches, kicks, and knees are legal.

### **Illegal moves:**

- Elbows are illegal.
- Kicks to the head of a grounded opponent are illegal.
- Knees to the head are illegal.
- Knees to the body of a grounded opponent are legal.
- Strikes to the neck are illegal.
- Strikes to the spine are illegal.
- Strikes to the back of the head (defined as the area from the crown of the head to the neck vertically and the area from behind one ear to the other horizontally) are illegal.
- Strikes to the crotch are illegal.
- Striking the collar bone is illegal.
- Grabbing and/or pinching the flesh is illegal.
- Eye gouging is illegal.
- "Fish hooking" is illegal.
- Biting is illegal.
- Neck cranks may be used to advance positioning but finishing with a neck crank is illegal.
- Heel hooks and all heel hook variations are illegal.
- Toe holds and Achilles locks are legal.
- Flying reverse scissor takedowns are illegal.
- Spiking an opponent on their head is illegal.